



# Community Center Swimming Pool



Activities **July 2010**



## Family Fun July Pool Party

Special lighting, Warm Swimming Pool, Special effects & lots of fun

When: 3 July 2010, 1- 5 P.M.

Activities: Water Golf, Sand Volleyball, Root-Beer Floats, games and lots of fun

Cost: Family (2-3 individuals -\$5.00), (4 or more \$10.00) or current pass



## Fit for Fun Water Aerobics

Tuesday through Thursdays

Cost: \$30 for a 10 pass punch card or \$5 per visit

Dates: Tuesdays, Wednesdays & Thursdays 1-29 July 2010

Time: 5:00 to 6:00 p.m.



## Private Lessons

Cost: \$15.00 per half hour

Call for lesson scheduling 718-333-

## Youth Swim Lessons

Tuesday & Thursday Classes

Dates: 1 - 20, July 2010 Cost: \$30.00

Registration: 24 June 11 a.m. up to first day of class



### Preschool Levels



Preschool Level 2 ages 4-5 Time: 9:00 to 9:35 a.m.

Preschool Level 3 ages 4-5 Time: 9:40 10:10 a.m.



### Levels 1-5 Mornings

Level 1 ages 5-7 Time: 10:15 to 10:45 a.m.

Level 2 ages 7-10 Time: 9:00 to 9:30 a.m.

Level 3 ages 8-11 Time: 9:35 to 10:15 a.m.

Level 4 ages 8-11 Time: 10:20 to 11:00 a.m.



### Levels 1-5 Evenings

Level 1/2 ages 6-9 Time: 4:30 to 5:00 p.m.

Level 3/4 ages 7-11 Time: 6:00 to 6:40 p.m.

Level 5 ages 9-13 Time: 6:45 to 7:25 p.m.



Freedom is not f

## Pre-Learn to (Teach Lifeguard) Instructor Course

- Eligibility: 1. Students must be at least 17 years old
- 2. Prepare students to teach lifeguard
- 3. Students will work lifeguard skills

Class Date: 1 July 6 to 9 p.m. Cost: \$40.00

## Learn to (Teach Lifeguards) Course

- Eligibility: 1. Students must be at least 17 years old
- 2. Students must be able to pass a lifeguard
- 3. Students must complete Fundamentals of Instructor Generic Red Cross course for all Health and Safe

Class Dates: Tuesdays & Thursdays 8-22 July, 10 a.m. Cost: \$180.00

## Fundamentals of Instructor Training

\* Prerequisite for Water Safety & Lifeguard I

Registration: any time until class is filled Cost: \$40.00

Class Date: 21 July 1 to 5 p.m.



ics:



-1988



ards)

d to participate

is

s

nstructor

d to participate

l course

ctor Training \*  
ty Instructors

a.m. - 4 p.m.

ing

nstructor

o



free.