



Community Center Swimming Pool



Activities **March 2010**



Family Fun March Pool Party

Special lighting, Warm Swimming Pool,

Special effects & lots of fun



When: 19 March 2010, 6:00- 8:00 P.M.

Activities: Open swim, games and lots of fun

Cost: Family (2-3 individuals -\$5.00), (4 or more \$10.00) or current pass

Youth Swim Lessons

Tuesday & Thursday Classes

Dates: 2, 4, 9, 11, 23, & 25 March 2010 Cost: \$30.00

Registration: 25 February 7:30 p.m. up to first day of class

Preschool 1/2 ages 4-5 years old

Time: 5:00 to 5:30 p.m.

Preschool Level 3: ages 4-5 years old

Time: 5:35 to 6:05 p.m.

Level 1/2: ages 6-10 years old

Time: 6:10 to 6:40 p.m.

Level 3: ages 6-10 years old

Times: 6:45 to 7:25 p.m.

Level 3 : ages 8 -12 years old

Times: 5 to 5:40 p.m.

Level 4: ages 8-13 years old

Times: 5:45 to 6:25 p.m.

Level 5: ages 8-13 years old

Times: 6:30 to 7:10 p.m.

Parent/ Child: ages 2-3 years old

Times: 4:30 to 5:00 p.m.



Fit for Fun Water Aerobics

Tuesday through Thursdays

Cost: \$30 for a 10 pass punch card or \$5 per visit

Dates: 2-4, 9-11, 16,18, 23-25, & 30-31 March 2009

Time: 5:00 to 6:00 p.m.



Private Lessons

Cost: \$15.00 per half hour

Call for lesson scheduling 718-333-1988



Daily Pool Use Fees

Adult (17 +) \$4.00

Youth (5-16) \$3.00

Child (age 4 and under free with a paying adult)

6-Month Pass

Single \$90.00

Family (up to 4) \$170

Family (5 or more) \$200

Splash Cards Available, \$50.00 for 20 Punches

Pool Parties - 2 hour blocks

1-50 people \$70

51-75 people \$105

76-100 people \$140



* Lap Swim is free for active duty & Reserves

Pre-Lifeguard Course 9 March 6-9 p.m.

Prepare students for lifeguard pre-skills test

Cost \$30 Registration anytime before class



Lifeguard Course

* All participants must pass a screening

1. Swim 300 yards total: continuous

a. 100 yards front crawl b. 100 yards breast-stroke

c. 100 yards breast-stroke or front crawl *Must use rotary, rhythmic breathing

2. Swim 20 yards, surface dive to 12 feet recover a 10 lb. brick, keeping both

hands on the brick and face out of water, swim back to starting point.

Class dates: 22-25 March 9:30 a.m. to 4:30 p.m. and 26 March 10 a.m. to 1 p.m.

Registration: anytime up until class Cost \$120 per person and \$35 for book

