







# USAFA Community Center Swimming Pool March 2010

Call 719-333-9140 for Daily updated Pool Schedule



	<b>1</b> <b>Monday</b>	<b>2</b> <b>Tuesday</b>	<b>3</b> <b>Wednesday</b>	<b>4</b> <b>Thursday</b>	<b>5</b> <b>Friday</b>	<b>6</b> <b>Saturday</b>
	6- 8 a.m. Lap Swim 8- 9 a.m. Senior Fit/ Laps 9 a.m.- 8 p.m. Lap/ Open Swim	6- 8 a.m. Lap/ Open Swim 8- 9 a.m. Senior Fit/ Laps 9- 11 a.m. Lap/ Open Swim 11 a.m.- 12 p.m. Lap/ Therapy 12 - 4:30 p.m. Lap/ Open Swim 4:30 - 7:30 p.m. Laps / Classes 12 - 8 p.m. Lap/ Open Swim	6- 8 a.m. Lap Swim 8- 9 a.m. Senior Fit/ Laps 9- 4:30 p.m. Lap/ Open Swim 4:30 - 7:30 p.m. Laps / Classes 12 - 8 p.m. Lap/ Open Swim	6- 8 a.m. Lap/ Open Swim 8- 9 a.m. Senior Fit/ Laps 9- 11 a.m. Lap/ Open Swim 11 a.m.- 12 p.m. Lap/ Therapy 12 - 4:30 p.m. Lap/ Open Swim 4:30 - 7:30 p.m. Laps / Classes 12 - 8 p.m. Lap/ Open Swim	6- 8 a.m. Lap Swim 8- 9 a.m. Senior Fit/ Laps 9 - a.m. - 8 p.m. Laps / Open	Lap/ Open Swim 7 a.m. - 5 p.m.
<b>7</b> <b>Sunday</b>	<b>8</b> <b>Monday</b>	<b>9</b> <b>Tuesday</b>	<b>10</b> <b>Wednesday</b>	<b>11</b> <b>Thursday</b>	<b>12</b> <b>Friday</b>	<b>13</b> <b>Saturday</b>
Lap/ Open Swim 7 a.m. - 5 p.m.	6- 8 a.m. Lap Swim 8- 9 a.m. Senior Fit/ Laps 9 a.m.- 8 p.m. Lap/ Open Swim	6- 8 a.m. Lap/ Open Swim 8- 9 a.m. Senior Fit/ Laps 9- 11 a.m. Lap/ Open Swim 11 a.m.- 12 p.m. Lap/ Therapy 12 - 4:30 p.m. Lap/ Open Swim 4:30 - 7:30 p.m. Laps / Classes 12 - 8 p.m. Lap/ Open Swim	6- 8 a.m. Lap Swim 8- 9 a.m. Senior Fit/ Laps 9- 4:30 p.m. Lap/ Open Swim 4:30 - 7:30 p.m. Laps / Classes 12 - 8 p.m. Lap/ Open Swim	6- 8 a.m. Lap/ Open Swim 8- 9 a.m. Senior Fit/ Laps 9- 11 a.m. Lap/ Open Swim 11 a.m.- 12 p.m. Lap/ Therapy 12 - 4:30 p.m. Lap/ Open Swim 4:30 - 7:30 p.m. Laps / Classes 12 - 8 p.m. Lap/ Open Swim	6- 8 a.m. Lap Swim 8- 9 a.m. Senior Fit/ Laps 9 - a.m. - 8 p.m. Laps / Open	Lap/ Open Swim 7 a.m. - 5 p.m.
<b>14</b> <b>Sunday</b>	<b>15</b> <b>Monday</b>	<b>16</b> <b>Tuesday</b>	<b>17/ St Patrick's Day</b> <b>Wednesday</b>	<b>18</b> <b>Thursday</b>	<b>19/ Spring Break Begin</b> <b>Friday</b>	<b>20</b> <b>Saturday</b>
Lap/ Open Swim 7 a.m. - 5 p.m.	6- 8 a.m. Lap Swim 8- 9 a.m. Senior Fit/ Laps 9 a.m.- 8 p.m. Lap/ Open Swim	6- 8 a.m. Lap/ Open Swim 8- 9 a.m. Senior Fit/ Laps 9- 11 a.m. Lap/ Open Swim 11 a.m.- 12 p.m. Lap/ Therapy 12 - 4:30 p.m. Lap/ Open Swim 4:30 - 7:30 p.m. Laps / Classes 12 - 8 p.m. Lap/ Open Swim	 6- 8 a.m. Lap Swim 8- 9 a.m. Senior Fit/ Laps 9- 4:30 p.m. Lap/ Open Swim 4:30 - 7:30 p.m. Laps / Classes 12 - 8 p.m. Lap/ Open Swim 	6- 8 a.m. Lap/ Open Swim 8- 9 a.m. Senior Fit/ Laps 9- 11 a.m. Lap/ Open Swim 11 a.m.- 12 p.m. Lap/ Therapy 12 - 4:30 p.m. Lap/ Open Swim 4:30 - 7:30 p.m. Laps / Classes 12 - 8 p.m. Lap/ Open Swim	6- 8 a.m. Lap Swim 8- 9 a.m. Senior Fit/ Laps 9 - a.m. - 8 p.m. Laps / Open <b>Family Fun Pool Party</b> 6-8 p.m. <b>Special Lighting, special activities</b> <b>Lots of fun!</b>	Lap/ Open Swim 7 a.m. - 5 p.m.
<b>21</b> <b>Sunday</b>	<b>22/ Spring Break</b> <b>Monday</b>	<b>23/ Spring Break</b> <b>Tuesday</b>	<b>24/ Spring Break</b> <b>Wednesday</b>	<b>25/ Spring Break</b> <b>Thursday</b>	<b>26/ Spring Break</b> <b>Friday</b>	<b>27</b> <b>Saturday</b>
Lap/ Open Swim 7 a.m. - 5 p.m.	6- 8 a.m. Lap Swim 8- 9 a.m. Senior Fit/ Laps 9 a.m.- 8 p.m. Lap/ Open Swim	6- 8 a.m. Lap/ Open Swim 8- 9 a.m. Senior Fit/ Laps 9- 11 a.m. Lap/ Open Swim 11 a.m.- 12 p.m. Lap/ Therapy 12 - 4:30 p.m. Lap/ Open Swim 4:30 - 7:30 p.m. Laps / Classes 12 - 8 p.m. Lap/ Open Swim	6- 8 a.m. Lap Swim 8- 9 a.m. Senior Fit/ Laps 9- 4:30 p.m. Lap/ Open Swim 4:30 - 7:30 p.m. Laps / Classes 12 - 8 p.m. Lap/ Open Swim	6- 8 a.m. Lap/ Open Swim 8- 9 a.m. Senior Fit/ Laps 9- 11 a.m. Lap/ Open Swim 11 a.m.- 12 p.m. Lap/ Therapy 12 - 4:30 p.m. Lap/ Open Swim 4:30 - 7:30 p.m. Laps / Classes 12 - 8 p.m. Lap/ Open Swim	6- 8 a.m. Lap Swim 8- 9 a.m. Senior Fit/ Laps 9 - a.m. - 8 p.m. Laps / Open	Lap/ Open Swim 7 a.m. - 5 p.m.
<b>28</b> <b>Sunday</b>	<b>29</b> <b>Monday</b>	<b>30</b> <b>Tuesday</b>	<b>31</b> <b>Wednesday</b>			
Lap/ Open Swim 7 a.m. - 5 p.m.	6- 8 a.m. Lap Swim 8- 9 a.m. Senior Fit/ Laps 9 a.m.- 8 p.m. Lap/ Open Swim	6- 8 a.m. Lap/ Open Swim 8- 9 a.m. Senior Fit/ Laps 9- 11 a.m. Lap/ Open Swim 11 a.m.- 12 p.m. Lap/ Therapy 12 - 4:30 p.m. Lap/ Open Swim 4:30 - 7:30 p.m. Laps / Classes 12 - 8 p.m. Lap/ Open Swim	6- 8 a.m. Lap Swim 8- 9 a.m. Senior Fit/ Laps 9- 4:30 p.m. Lap/ Open Swim 4:30 - 7:30 p.m. Laps / Classes 12 - 8 p.m. Lap/ Open Swim			